

A close-up photograph of a person lying down, receiving a massage. A therapist's hands are visible, applying pressure to the person's back. The therapist is wearing a light-colored uniform with a logo that reads "SILAVADEE SPA ON RESORT". The person being massaged has their eyes closed and a relaxed expression. A semi-transparent grey square is overlaid in the center of the image, containing the text "Silavadee SPA".

Silavadee

SPA

Experience The Finest of Rejuvenation with The Luxury at Beyond Blissful Silavadee Spa

Get away from the reality and get the pampering you deserve at our spa. Going back into nature in a luxurious way that you'll feel like a royal. Fulfill your stay even more heavenly and relaxing from our therapists that are rich in skills. With the great combination of western and Thai massage making Silavadee stands out you'll be surprised at how celestially you'll feel after like you've never felt before. The design of woody-luxurious style will make you feel even more angelic and even helps you feel like you are at the highest level of revitalisation, all your aches, pain and stress will be nothing after. Feel special and most relaxing at Silavadee Spa.





Silavadee Signature

Silavadee Journey

120 minutes

Uniquely flowing strokes of Hawaiian Lomi Lomi massage will cover you from head to foot and back. Wiping away stress and soothing those aches and pains. Followed by a Shirodhara Treatment (Ayurvedic healing technique of the head with warm oil dripping onto the forehead). This is known to relieve travel stress, jet lag and promotes a good night sleep.

30 minute steam optional (additional charge)

Sila Wellness

120 minutes

"Sila" means Stone. Those wonderful boulders around you are the inspiration for this treatment choice. Get the relief you need after a full day of activities or stressful working weeks. This therapeutic blend of deep tissue, sports massage, stretching and the tension melting magic of hot stones will work wonders on you.

30 minute steam optional (additional charge)



Wellness Treatment

Yoga

60 minutes

Yoga combines physical, mental and spiritual practices and disciplines. All classes are customized to your own ability and needs. You will be guided through a series of breathing techniques, gentle stretching and bending postures, all performed slowly and consciously with a focus on your inner awareness.



Silavadee Memory

Thai Oil Therapy

120 minutes

This package combines the best of East and West. Start with a Thai Herbal Steam bath to relax those tense muscles, followed by a Traditional Thai Massage and finishing with a relaxing aromatherapy oil massage.

Head to Toe Delight

150 minutes

The perfect treatment from Head to Toe. Start with a Thai Herbal Steam followed by a Body Scrub, Indian Head massage and complete your full body experience with a Foot massage.

Stress Relief Therapy

180 minutes

Our most popular package. Starting with a Thai Herbal Steam bath, followed by a body scrub, a concentrated massage with your back, head and shoulders. This treatment will be completed with a 30 minutes facial which will make you look and feel wonderful.

Silavadee Honeymoon for Couples

270 minutes

This Celebration for the two of you will leave you glowing with rejuvenated and a relaxed body and mind. Start with a Thai herbal steam bath, followed by a body scrub and wrap and a romantic Jasmine Milk Bath. Then choose a massage of your preference and finish with a Thai facial Treatment. This is a wonderful experience for a couple and time well spent together.



Fantastic Foot Reflexology Massage

60 minutes

This complete and therapeutic foot reflexology massage is stimulation of the 26 pressure points and will leave you balanced and vital.

In Villa Spa Services

The ultimate relaxation. We bring our spa to you, just contact our Spa team!
(Additional charge)



Wonderful Extras

Thai Herbal Steam Bath

30 minutes

Thailand is a wonderland of healing plants and they make our herbal steam a tropical healing experience. Relax and sweat out your toxins as the exotic ingredients perfume the air.

Romantic Jasmine Milk Bath

30 minutes

This romantic milk bath, filled with fresh rose petals, creates harmony and an unforgettable relaxing sensation. It soothes mind whilst softening and nourishing your skin.



Sense

Rejuvenating

60 minutes

The invigorating zing of Lemongrass combined with lively Mint and Bergamot in our Lemongrass Body Scrub provides a perfect rejuvenating solution for body and soul.

Reviving

60 minutes

Coconut oil is rich in Vitamin E and has anti-oxidant properties, also aids in the removal of excessive dead skin cells and strengthens new skin tissues for skin moisturizer.

Calming

60 minutes

Let the delicate aroma of Jasmine delight your senses as Apricot Seed gently exfoliates, fresh Tamarind brightens and Cucumber cools your skin. Intense relaxation combined with a smooth skin is the result of this Body scrub.

Charming

60 minutes

Our Green Tea Body scrub can delay signs of aging of your skin. Its richness of green tea leaf powder controls oily skin, it purifies, reduces pores and calms with a gentle aroma. Apricot seed powder gently exfoliates your skin and leaves your skin smooth and soft.



Soul

Refreshing

60 minutes

Take the time to luxuriate in complete rejuvenation with our Lemongrass & Cucumber Body Mask.

Ultimately

60 minutes

Our coconut body mask is exquisitely nourishing and deeply moisturizing. Your skin will feel silky smooth.

Relaxing

60 minutes

Jasmine is known to effectively evening the skin tone and fight against age spots. This Jasmine body mask helps to restore dry skin and moisturizes your skin evenly.

Hydrating

60 minutes

Shield yourself from the ravages of time with our Green Tea Body Mask. It contains Kaolin which helps to control excess oil production. Natural AHA from tropical fruit regenerates and reveals glowing new skin.

Aloe Vera After Sun

60 minutes

A pure and natural aloe vera gel, the best for moisturizing and soothing skin irritation. Ideal to calm your skin from excessive sun exposure.



PAÑPURI

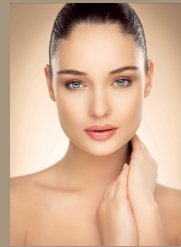
PAÑPURI means a holy palace of wisdom representing the perfect place that balances out your inner and outer selves. To make the unknown known by cleansing your body and soul. PAÑPURI will take you to the relaxation from the secret combination of eastern herbs that creates the exceptional spa experience. With the signature Silavadee's aromas extraordinarily-made by PAÑPURI. Accomplish the instant peace of mind as soon as you receive the treatment from our amazingly heart-made products.





Anne Semonin Experience

The fusion of brilliant aromatic essential oils, trace natural matters and coastal elements into the classic French touch for the best version of treating the needs of your body and skin. The luxury and comfort of the products harmonise very well altogether and bring out the most phenomenal result you deserve. The treatments are specifically made just for you and wait for you to experience.



ANNE SEMONIN
PARIS

Facials & Body Therapies by Anne Semonin

Anne Semonin Soothing Skin Saviour

55 minutes

Calming, hydrating, restoring

The secret to soothing even the most delicate skin lies in the exquisite blending of minerals and essential essences. Skin is prepared with gentle cleansing and exfoliation before delighting in the application of luxurious cream mask. The generous application of the algae and kaolin clay smoothes and nourishes skin revealing a perfectly calm and soothed complexion.

Anne Semonin Cryotherapy Age Defying Facial

55 minutes

Immediate radiance, toning, brightening

A flawless skin brightening experience, this facial uses the age defying effects of ice cold treatment with 100% Active Serum to reinforce the skins firmness at a cellular level. Complemented by a neurocosmetic containing Wild Indigo this elegant touch stimulate the release of B-endorphins, flooding the body with a total sense of well-being.

Anti-Oxidant Body Scrub

45 minutes

Anti-aging, softening, revitalising

This energising grape seed body polish will leave your skin delightfully soft and smooth, nourished to perfection. By releasing the full force of polyphenols found in seeds and skin of red grape, with an anti-oxidant power 20 times stronger than vitamin C, this is the perfect way to a healthy glowing skin.

Anne Semonin Nude Scrub

45 minutes

Moisturising, nourishing, soothing

An express exfoliation with the Nude Sea Salt & White Sand Scrub, leaving skin smooth and hydrated. The warming and nourishing qualities of this scrub ensure a soothing experience and visible results.





Spa Basics & Etiquettes

Spa Treatment Availability

09.00 hrs. – 20.00 hrs. daily

Making a Reservation

If possible, we recommend you book ahead for all treatments at least one day in advance. Please also visit us at the Spa Reception if you would like further details and recommendations on the best treatment to satisfy your Spa Experience.

When to Arrive

To maximize the value for your Spa Experience, we kindly recommend that you arrive 15 minutes prior to your appointment time. Every treatment begins with a soothing, refreshing herbal drink and you are welcome to shower first in your private treatment room.

What to Wear

We will provide you with spa attire including a choice of spa underwear and sarongs, or you may choose to wear your own underwear or swimsuit. Alternatively, treatments may be enjoyed without clothing. Choose what is most comfortable for you. Our therapists will always use draping techniques to respect your privacy.

Valuables

We recommend placing your jewelry and valuables in the secured safe in your villa as management cannot accept responsibility for the loss of money or valuables brought into the spa.

Special Health Considerations

Please notify our receptionist when booking your treatments if you have high blood pressure, allergies, other physical ailments, disabilities or if you are pregnant. Please ask our receptionist to advise you which treatments are safe for your condition.

Male Therapist

We apologise for any inconvenience; we do not have male therapists.

Payment for Spa Services

We accept all major credit cards (*Visa, Amex, Mastercard and JCB*). In-house guests may also pay by charging to your room. Please note that all taxes and service charges are included in the price

Cancellation Policy and Postponement

We kindly require a minimum of three hours notice to change or cancel a booking in order avoid a 100% charge.



